

## **Personal & Professional Development for Adults**

We work individually with each client to meet their particular needs. The following are areas of work we have created in response to specific requests:

### **Finding Your Optimum Voice**

Many people feel that their current voice doesn't reflect who they are or will not be an advantage in their careers. We are able to guide you to a full, resonant voice, capable of an array of expression, conveying confidence and credibility.

### **Body Language**

Three to seven seconds - in that time, your viewer has come to a decision about your trustworthiness, inner strength and status. Our confidence as speakers is enhanced and made visible by body language that conveys knowledge and integrity.

### **Speaking for Leadership**

If you manage or supervise, if you teach or advise, if you workshop or train, you are in the role of leader. Success often depends on whether or not others trust and will follow you. Your voice, but in particular your presence and energy can make the difference. You will learn to let your voice and your stance convey to others your integrity and preparedness to lead.

### **Making Presentations**

The content of a presentation cannot stand alone. The speaker not only guides the audience to understand the information, but convinces them of its rightness and of the credibility of the presenter. As well as vocal skills, this work coaches connection to the material as well as the audience. Q & A skills are practiced.

### **Strengthening Your Canadian Accent**

You've mastered grammar, vocabulary and style, but still are often asked to repeat what you've said. We coach "pronouncing" ESL, using the Compton PESL method. This includes articulation, intonation, emphasis, and pausing/phrasing. This study involves regular homework and time commitment.

### **Speaking Skills for Instructors**

Instructors must deal with the demands of notes and demonstrations, the physical space of a classroom, the demands on their voice, the need to make a connection with their student audience, and the possible difficulties created by speech habits or lack of skill. We have worked with a number of instructors who have been happy to re-energize their classes with new skills and ideas learned with our studio.

### **Preparing for Interviews: University or Career**

The modern interview requires a great deal of forethought and rehearsal. We develop skills needed to answer traditional questions, as well as those associated with situational and behaviour description techniques. Our training is directly related to the job or university field for which you are applying. This work includes vocal and body language skills.

### **Preparing for the MMI (Multiple Mini Interview) for Entry into Medicine, Dentistry, or Rehab Medicine**

This is demanding and exciting work that offers a unique approach to interview scenarios, structured responses, and a clear outline of the large variety of contexts and issues involved. Vocal and body language skills are practiced. A high percentage of our students have had success in their subsequent MMI interviews.

**FYI:** An adult student will generally begin with 6 classes. We then evaluate whether or not more would be beneficial. Cost is on a *per hour* basis.